



The
outstanding
staff at
**Long Trail
Physical Therapy**
proves why
private practice
is your
best choice.

Locations

For further information or to schedule an appointment, please call us today!

Burlington

789 Pine Street
Burlington, Vermont 05401
264-1052

Richmond

61 Huntington Road, Unit 1A
Richmond, Vermont 05477
434-8495

Milton

349 Route 7 South, Suite 105
Milton, Vermont 05468
893-1413

Middlebury

812 Exchange Street
Middlebury, Vermont 05753
388-3991

Most insurance companies require a physician's referral prior to treatment.

We accept most insurance plans and as a courtesy to our patients, all insurance billing is done in-house.

www.longtrailpt.com



Helping
you
get back
on the
right path



Long Trail Physical Therapy

Long Trail Physical Therapy has served the residents of Chittenden and Addison Counties since 1996. We offer five convenient locations all providing wellness programs following traditional physical therapy.

us to facilitate treatment based on individual needs. Each clinician's experiences, therapeutic interests and specializations enhance their ability to accurately and effectively restore function, thus progressing the client to a self-manageable protocol. We work in conjunction with your healthcare provider in order to get you back on the right path.

Orthopedic & Sports Physical Therapy

- ACL Rehabilitation
- Acute Injury Care
- Athletic Reconditioning
- Graston Technique
- Kinesio Taping
- Orthotic Fabrication
- Osteo-Arthritic Conditions
- Over-Use Injuries
- Post Fractures
- Pre/Post Surgery Rehabilitation Programs
- Spinal Dysfunction
- Sports Related Injuries
- Sprains & Strains
- Strength & Conditioning Programs
- Tendonitis/Bursitis
- Total Joint Replacement
- Work-Related Injuries

We specialize in treating conditions of the muscles, tendons, ligaments, bones, and joints. The physical therapist at each facility provide patients with the most progressive methods of orthopedic and sports rehabilitation.

Meeting our patients' health care needs is our foremost objective. In order to get our patients back on the right path, we provide a team of licensed professionals (physical therapists, physical therapy assistants, certified athletic trainers and exercise specialists).

Trust the experienced professionals of Long Trail Physical Therapy.

Long Trail Physical Therapy is a multiple disciplinary dedicated team of clinicians. Our integrated knowledge and skills allow

There's sure to be a Long Trail Physical Therapy near you.

Long Trail Physical Therapy has five convenient locations: Burlington, Vergennes, Richmond, Milton, and Middlebury.

Our Professional Staff

Our fully licensed staff provides comprehensive evaluations and concise treatments incorporating manual therapy, exercise, and up-to-date therapeutic techniques to meet the patient's individual needs.